















IDEA Part C Spring-Summer Family Newsletter

July-August 2012 Volume 2 No 4

Message from Part C's State Family Resource Coordinator, Information & Referral......

Dear Parents/Families.

We know from research that the first three years of a child's life are important in forming the foundation for later growth and development.

We also know from research that parent participation in early intervention is very important, because the largest amount of a child's time is spent with the parent, rather than the therapist.

"Some simple calculations indicate that a twice-a-week hourly intervention or

therapy, in the absence of parent involvement, accounts for only 2% of the total waking hours of a 1-year-old child (Roffwarg, Muzio & Dement, 1966), hardly enough time for any kind intervention to make a meaningful difference in a child's life." (C. Dunst CASEinPoint, 2006 Vol. 2, Nbr. 2)

An early intervention professional who shows a parent the importance of everyday learning opportunities within their community or home will be able to increase a child's abilities and skills much more than one who depends

entirely on an hour or two of therapy each week

And when parents learn those strategies that will also help encourage the development of their children during daily routines, they are able to "teach" their children when the therapists are not around.

If you would like more information, please feel free to contact me at: ddinnell@adsd.nv.gov

Sincerely, Dan Dinnell



Cheryl, Eric and Dan

NEVADA'S EARLY
INTERVENTION
SERVICES

IDEA Part C Office

3416 Goni Road,

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The Part \mathcal{C} Family Newsletter has opportunities to suggest and share... You are invited to submit articles, share your story, or include your child in a Family Spotlight, with a photo. (All items are subject to editing and review.)

Library

There are a great many things to learn...

Check out the library catalogue for other titles at... http://health.nv.gov/BEIS_SpecialEdLibrary.htm

Book Title: "You Will Dream New Dreams", by Stanley D. Klein and Kim Schive.

The book contains more than 60 brief essays written by parents of children with disabilities.

The book is valuable for parents in many ways:

- The book focuses on parents' perspectives-there is no "professional" judgment or advice.
- The writing is gritty and real; the stories are authentic.
- The content stresses the importance of parents trusting their instincts and understanding that they know their child better than anyone else.

If you have recommendations for the Library, please let me know. Contact me at **ddinnell@adsd.nv.gov**

Zero-to-Three - www.zerotothree.org

For 25 years, this organization has worked to promote the healthy development of infants and toddlers by supporting and strengthening families, communities and those who work on their behalf. It offers publications and reference guides to programs, as well as an informative Web site, which includes a Brain Wonders section highlighting what parents should know about early childhood brain development and how they can stimulate their children's healthy development.

Great web site for FREE Parenting Brochures and Guides:

- 1. Your Baby's Development
- 2. Healthy Minds Nurturing Your Child's Healthy Development
- 3. The Magic of Everyday Moments

NORTHEASTERN NEVADA EARLY INTERVENTION SERVICES

- * contact your Developmental Specialist/Service Coordinator for more information
- ⇒ Nevada Early Intervention Services—Elko:
- ⇒ Nevada Early Intervention Services—Ely:

NORTHWESTERN NEVADA EARLY INTERVENTION SERVICES

- * contact your Developmental Specialist/Service Coordinator for more information
- ⇒ Advanced Pediatric Therapies—Reno:
- ⇒ Easter Seals Nevada—Carson City:
- ⇒ Nevada Early Intervention Services—Reno:

Down Syndrome Network "Family Support Group" will be OFF for Summer. Starting again in September: every 1st Tuesday of the month from 5:45 pm at NEIS. Call 775-682-9071 or e-mail **dsnnninfo@gmail.com** to R.S.V.P. **Family TIES** Family Support in filling out Medicaid/SSI and other Social Services applications every 2nd Monday from 10am-12noon at NEIS, by RSVP only! Please call Andrea at 775-323-2205 to RSVP.

Friends of Special Children is looking for new board members to join their non-profit organization that supports families in Early Intervention. This non-profit has supported families at NEIS in so many ways both financially and physically. If you are interested in being a part of this great cause, please contact Lori Schoen at 688-0379.

Hands and Voices meets at NEIS, Enterprise Rd., July 26th and the 4th Thursday of every other month at 6:00 pm. **Weekly Sign Language Classes** by Nevada ASL, every 1st and 3rd Monday at 10:00 am, and every 2nd and 4th Monday at 11:15 am.

- ⇒ Nevada Early Intervention Services—Carson City:
- ⇒ The Continuum—Reno:

SOUTHERN NEVADA EARLY INTERVENTION SERVICES

- * contact your Developmental Specialist/Service Coordinator for more information
- ⇒ Easter Seals Nevada—Las Vegas:
- ⇒ ISS "BABY STEPS"—Las Vegas:
- ⇒ Kideology—Las Vegas:
- ⇒ Nevada Early Intervention Services—Las Vegas:

Milagros Escondidos, Spanish speaking family support group - Milagros Escondidos grupo de apoyo para familias o individuales con habilidades especiales. Reuniones cada cuarto Jueves de mes 6 pm - 8 pm 1161 S. Valley View-NEIS.

- ⇒ Positively Kids—Las Vegas:
- ⇒ Therapy Management Group—Las Vegas:

FREE enrollment in the national **EARLY INTERVENTION FAMILY ALLIANCE** (**EIFA**) to *all families* who have a child in early intervention! **Keep informed! Obtain Answers! Impact Policies!**

The Early Intervention Family Alliance is a national group of family leaders dedicated to improving outcomes for infants and toddlers with disabilities and their families, open to all.

Members receive email alerts and updates on key early intervention topics and can join the EIFA *list serve* to participate in active discussions and share experiences. Web: www.eifamilyalliance.org

Visit **Disability.gov** for emergency preparedness tips and information about the importance of including people with disabilities in planning for emergencies and disasters.

Nevada PEP, as the statewide Parent Training and Information Center, offers classes such as **"Families are Important"** for families to better understand Early Intervention, their Individual Family Service Plan (IFSP) and the Transition process from Early Intervention into the community or school districts. In **"Skills for Effective Parent Advocacy"** participants will learn the importance of advocacy and effective strategies to help children with disabilities. Communication techniques will help you feel confident advocating for children. For more information on these and other classes, contact PEP statewide at 1-800-216-5188.



www.health.nv.gov/BEIS.htm

Nevada's Early Intervention website is filled with information and resources, including a "Links" page of all kinds of useful websites with information, and a Frequently Asked Questions page.



To conserve resources and to make sure you don't miss out on useful information, please send your e-mail address to Dan Dinnell at ddinnell@adsd.nv.gov to receive the newsletter electronically